

Performance Driving School
hosted by the Carolina Regional Mustang Club
Event Preparation and Things to Bring

The purpose of the school is to provide participants an opportunity to learn more about their cars and how to drive them safely in a performance environment.

Make sure to bring the completed [tech form](#) with you to the track. Feel free to tech the car yourself if you are a qualified mechanic or take it to a shop and have them check over the car and fill out the form.

PROPER TRACK ATTIRE

Helmet, short or long sleeve shirts, long pants and closed toe shoes are required while on track. No sandals, flip flops, crocks, etc. We require that students wear non-synthetic clothing, such as wool or cotton for safety and comfort.

Refer to the [helmet requirements](#) on our website.

If you do not own a helmet, the Driving School has a limited number of rental helmets in varying sizes that you may rent through the online registration system.

BEFORE YOU ARRIVE

We strongly recommend that you have new brake pads on all 4 wheels and use high temperature brake fluid such as ATE 200, Motul RBF 600 or Castrol SRF. High boiling point brake fluid is recommended to prevent the boiling of the fluid in the master cylinder and brake lines. Road course events can take a toll on brakes, and we do not want your weekend cut short due to worn out brake pads or boiled brake fluid. There are very few auto parts stores in the area, so finding specific replacement brake pads could prove difficult. We also recommend a recent oil change.

ITEMS TO BRING:

- A cooler filled with water and Gatorade. We recommend 1 Gatorade and up to a liter of water be consumed after every session
- Snacks to replenish your body. There is a concession stand open for breakfast and lunch
- Sunscreen and a hat
- Lawn chair(s) and a canopy for shade
- 10 inch tall numbers for the sides of your car
- An umbrella and a tarp to protect you and your gear from the elements in the event of rain
- Glass cleaner and paper towels
- Extra quart (or 2) of oil and extra brake fluid
- Fill up before arriving at the track. Fuel is available at the track and in Kershaw
- Fire extinguisher (optional though recommended)
- Torque wrench to check lug nuts before each session
- Other tools and parts, as desired. Examples: coolant, tire pressure gauge, air compressor, hoses, belts, extra brake pads
- A relaxed, open mind for learning new and exciting driving skills, and the willingness to be guided by your experienced instructor or coach